*Sarah Berger, Ph.D.*

*Licensed Clinical Psychologist*

*Capital Psychological Services, LLC*

**POLICY ON URGENT ISSUES/EMERGENCIES**

Our work will take place mostly in-session and through between-session “homework” assignments. Between appointments, I am available via phone or email for scheduling only:

* Routine scheduling
* Scheduling urgent appointments
* Interim phone sessions

Clients under the age of 18 are strongly encouraged to reach out to parents and/or other adults we have identified as individuals who can help in critical situations. **IF YOU ARE IN EXTREME CRISIS, call one of the HELPLINES below, CALL 911 or GO TO your nearest hospital EMERGENCY ROOM.**

**Washington DC, Department of Human Services AccessHelpline: 1.888.793.4357**

**Montgomery County MD, Crisis Help Center: 240.777.4000**

**Maryland Crisis Line: 1.800.422.009**

**Northern Virginia CrisisLink: 703.527.4077**

**Contact:**

Phone: 301-501-0130 (this is a non emergency number)

Email: sberger@cappsychology.com

I consent to these policies

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Signature Date

I consent to these policies (on behalf of my child)

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Signature of Parent/Guardian Date